

## Course Syllabus

1	<b>Course title</b>	Psychiatric Mental Health Nursing (Clinical)	
2	<b>Course number</b>	701304	
3	<b>Credit hours</b>	3hours	
	<b>Contact hours (theory, practical)</b>	Practical 12 hours /weekly	
4	<b>Prerequisites/corequisites</b>	0701202	
5	<b>Program title</b>	B.Sc. in Nursing	
6	<b>Program code</b>	-	
7	<b>Awarding institution</b>	The University of Jordan	
8	<b>School</b>	School of Nursing	
9	<b>Department</b>	Community Nursing Department	
10	<b>Course level</b>	Third year BSc	
11	<b>Year of study and semester (s)</b>	2022/2023 Second semester	
12	<b>Other department (s) involved in teaching the course</b>	-	
13	<b>Main teaching language</b>	English	
14	<b>Delivery method</b>	<input type="checkbox"/> × Face to face learning <input type="checkbox"/> Blended <input type="checkbox"/> Fully online	
15	<b>Online platforms(s)</b>	<input type="checkbox"/> × Moodle <input type="checkbox"/> Microsoft Teams <input type="checkbox"/> Skype <input type="checkbox"/> Zoom <input type="checkbox"/> Others.....	
16	<b>Issuing/Revision Date</b>	12/Oct/2022	

### 17 Course Coordinator:

Name: Dr Ekhlal Al Gamal

Contact hours: 12-2:00pm Sunday

Office number: First floor- Faculty of Nursing

Phone number: 23133

Email: [e.algamal@ju.edu.jo](mailto:e.algamal@ju.edu.jo)



### 18 Other instructors:

*Name: Ms Lily Marmash*

*Office number: Third floor- School of Nursing*

*Office hour: 11-12 Sunday & Tuesday*

*Phone number:*

*Email: [marmash-l@ju.edu.jo](mailto:marmash-l@ju.edu.jo)*

*Name: Ms Jumana Shehadeh*

*Office number: 209*

*Office hours: 5-6pm daily (online)*

*Phone numbers: 23150*

*Email: [j.shehadeh@ju.edu.jo](mailto:j.shehadeh@ju.edu.jo)*

*Name: Ms Amal Ghaniah*

*Office number: 105*

*Office hours: Thursday 9-10am Tuesday 2-3pm*

*Phone numbers: 23154*

*Email: [a.ganiah@ju.edu.jo](mailto:a.ganiah@ju.edu.jo)*

*Name: Ms Maha Obedat*

*Office number: 221*

*Office hours: Thursday 9-10am Tuesday 2-3pm*

*Phone numbers: 23161*

*Email: m. [obedat@ju.edu.jo](mailto:obedat@ju.edu.jo)*

*Name: Ms. Samah Alhasasneh*

*Office hours: by appointment*

*Email: [alhasasnhsamah@gmail.com](mailto:alhasasnhsamah@gmail.com)*



### **19 Course Description:**

The course will provide supervised clinical training in a general hospital and a psychiatric unit. The focus of the training in both settings will be on; integrating the theoretical knowledge and evidenced based interventions from the mental health nursing theory course and computer based research findings; Utilize the steps of the nursing process within the therapeutic nurse-client relationship with the emphasis on the humanistic approach; the therapeutic use of self; and developing an open communication with health care providers' team to facilitate the client's healing process in a structured environment. Learning is enhanced through the direct interaction with clients experiencing physical illnesses, in crisis and psychiatric disorders. Students will participate in the activities of the unit giving individual care, group activities in collaboration with health care team members in the unit

### **20 Course aims and outcomes:**

A- Aims: This course is designed to help the student nurse experience the role of the nurse in providing humanistic care for clients along the mental health - mental illness continuum. That will enable them to provide quality nursing care to enhance and maximize mental health among patients with mental health and/or psychiatric problems.

B- Students Learning Outcomes (SLOs):

Upon successful completion of this course, students will be able to:

PLOs SLOs of the course	SLO (1)	SLO (2)	SLO (3)	SLO (4)
1. Demonstrate competency in performing and providing the role of a professional nurse in quality care provision for individuals, families, and groups.	Make use of knowledge base from other disciplines that can be utilized in providing quality nursing care	Demonstrate ability structuring a therapeutic environment in a psychiatric unit	Develop the ability for early case finding and referrals of psychiatric disorders and/or psychosocial problems	
2. Apply principles of effective communication with peers, individuals, families, groups, and health care team.	Develop a therapeutic nurse- client relationship in working with clients who are suffering from psychiatric disorder and/or mental health problems	Demonstrate the ability to use self therapeutically in interacting with; client, peers, instructors and health care team		
3. Utilize critical thinking and problem solving in planning and implementing nursing care for individuals, families, and groups.	Develop nursing care plans for clients with a mental health and/or psychiatric disorder	Analyze ethical issues related to the care of individuals and populations with mental health problems and or psychiatric disorders	Inspect ethical, religious, and legal issues related to mental health-psychiatric disorders in the Jordanian culture	

4. Apply professional standards, values, and behaviours in providing nursing care for individuals, families, and groups.	Demonstrate the ability to use self therapeutically in interacting with clients, peers, instructors and health care team	Develop one's own personal and professional values, beliefs, and attitude towards clients' with psychiatric disorders		
5. Demonstrate safety measures to protect self, individuals, families, and groups.	Prioritize safety issues in the provision of quality nursing care			
6. Translate organizational, leadership, interprofessional collaboration, and management concepts into nursing care for individuals, families, and groups.	Develop a plan to solve health problems for populations with mental health problems and or psychiatric disorders and their families using critical thinking, and clinical reasoning skills.			

## 21. Topic Outline and Schedule:

Week	Lecture	Topic	Teaching Methods*/platform	Evaluation Methods**	References
<b>Orientation week (2weeks)</b>					
<b>Mental illness Rotation</b>					
1	1.1	Full mental status examination (MSE) (p827)	**Simulation labs	General evaluation (10 marks)	Townsend Mary C., Morgan, K.I. (2017). Essentials of psychiatric nursing: concepts of care in evidence-based practice. (7th Ed) F.A.
	1.2	MMSE + milieu+ assessment simulation			
2	2.1	overview of mental disorder (schizophrenia + psychotic			

		disorder) chapter 15(p335-377)	**Clinical training		Davis Company; Philadelphia
	2.2	overview of mental disorder (MDD) chapter 16 (p378-424)	**Microsoft teams groups	Intervention (5 marks)	
3	3.1	overview of mental disorder (Bipolar) chapter 17 (p428-459)		Psychosocial Assessment (10 marks)	
	3.2	The suicidal client(p378-424)			
4	4.1	Application of nursing process for psychotic disorder (psychological + social) Nursing implication of psychopharmacology			
	4.2	Antipsychotic medication Antidepressant+ mood stabilizers+ anxiolytic			
5	5.1	Application of nursing process for MDD disorder (psychological + social)			
	5.2	Anger management (de-escalation)			
6	6.1	Application of nursing process for Bipolar disorder (psychological + social)			
<b>Mental Health Rotation</b>					
6	6.2	Psychosocial assessment (interviewing)		Psychosocial assessment 10 Marks	Kozier. B., Abdalrahim, M., Abu-Moghli, F., &

7	7.1	Psychosocial assessment (interviewing)		General evaluation (5 marks)	Saleh, M. (2016). Fundamentals of Nursing: concept, process, and practice. (Arab World Ed). UK: Pearson Education limited/
	7.2	self-concept components complete assessment 39 (p922-931)			
8		Midterm exam			
9	9.1	Anxiety, Stress and coping assessment chapter 42(p972-986)	**Clinical training	Intervention (5 marks)	
	9.2	Loss and grief chapter 43 (p989-1002)			
10	10.1	-Basic awareness Self. (As therapeutic tool for nurse-client relationship) -Nurse as therapeutic agent	**Simulation labs	General evaluation & oral presentation (15 Marks)	Parbury, J. (2010) Patient & person. 4th edition. Churchill livingston an imprint of Elsevier.
	10.2	Building meaning understanding ( Empathy)			
11	11.1	Building meaning understanding ( Empathy)			
	11.2				
12	12.1	Values as determinants of behavior	Project (10 Marks)		
	12.2				
13	13.1	Stress Management			
	13.2				
<b>14 Students Presentation</b>					

## Final written exam (30 marks)

### 22 Evaluation Methods:

Evaluation Activity/Purpose	Covered PILO & CILO(s)	Mark	Topic(s)	SL O	Period (Week)	Platform
General evaluation Mental Illness (MI) rotation	1.1 1.2 1.3 2.1 2.2 3.1 3.2 3.3 4.1 4.2 5.1 6.1	10%	All topics in course schedule of mental illness rotation	1-6		**Simulation labs **Clinical training **Microsoft teams groups
General evaluation Mental health (MH) rotation  & Lab	1.2 2.1 2.2 3.3 4.1 5.1 6.1	5%  15%	All topics in course schedule of mental health rotation	7-13		



Psychosocial assessment & intervention (MI)	1.1	15%	Mental Health	1-6
	1.2			
	1.3			
	2.1			
	2.2			
	3.1			
	3.2			
3.3				
Psychosocial assessment & intervention(MH)	1.1	15%	Mental illness	7-13
	1.2			
	1.3			
	2.1			
	2.2			
	3.1			
	3.2			
3.3				
Project MH/MI	5.1	10%		13
	6.1			
Final written Exam	All clos	30%	All topics in course schedule of mental illness and mental health rotations	1-16

### 23 Course Requirements

students should have a computer, internet connection, webcam, account on a Microsoft teams

### 24 Course Policies:

A- Attendance policies:

- Students must attend all classes of this course.
- Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.



- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

#### B- Absences from exams and handing in assignments on time:

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make up exam.
- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- Assignments and projects should be submitted to the instructor on the due date.

#### C- Health and safety procedures:

Students should comply with the Faculty of Nursing policies regarding pre-hospital training immunizations. Students should comply with the training areas policies regarding infection control, general precautions, and patient isolation.

#### D- Honesty policy regarding cheating, plagiarism, misbehavior:

Cheating, plagiarism, misbehaviour are attempts to gain marks dishonestly and includes; but not limited to:

- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.
- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution.

Using any media (including mobiles) during the exam





**A- Required book (s), assigned reading and audio-visuals:**

Townsend Mary C., Morgan, K.I. (2017). Essentials of psychiatric mental health nursing: concepts of care in evidence-based practice. (7th Ed) F.A. Davis Company; Philadelphia

**B- Recommended books, materials, and media:**

Videbeck Sheila A. (2014) Psychiatric-Mental Health Nursing (6th Ed). Wolters Kluwer health; New York

**C- Recommended books, materials, and media:**


- National Institute of Mental Health. <https://www.nimh.nih.gov/index.shtml>
- National Alliance on Mental Illness (NAMI) Stigma-free Pledge <https://www.nami.org/stigmfree>
- Mini Mental Health Status Exam <https://www.youtube.com/watch?v=y39BDAIjIbg>
- American Academy of Child and Adolescent Psychiatry  
[https://www.aacap.org/AACAP/copy\\_of\\_home.aspx?hkey=f100857b-fb1c-42fa-8aad5b7b15027acd&WebsiteKey=a2785385-0ccf-4047-b76a-64b4094ae07f](https://www.aacap.org/AACAP/copy_of_home.aspx?hkey=f100857b-fb1c-42fa-8aad5b7b15027acd&WebsiteKey=a2785385-0ccf-4047-b76a-64b4094ae07f)
- Substance Abuse and Mental Health Services Administration (SAMSHA) <https://www.samhsa.gov/>
- American Psychological Association. (2009). Publication manual of the American Psychological Association(6th Ed.). Washington, DC: Author. York: Guilford Press.
- The Queensland Health “ Make up your own mind about drinking” campaign at [http://www.health.qld.gov.au/atod/prevention/young\\_women.asp](http://www.health.qld.gov.au/atod/prevention/young_women.asp)
- The North American, ‘What a difference a friend makes’ campaign at [www.whatadifference.samhsa.gov/](http://www.whatadifference.samhsa.gov/)
- The British Royal College of Psychiatrists, ‘Fair Deal’ at <http://www.rcpsych.ac.uk/campaigns/fairdeal.aspx>
- SANE Australia: <http://www.sane.org/>

**26 Additional information:**



All course correspondences should be to [e.algamal@ju.edu.jo](mailto:e.algamal@ju.edu.jo)

Please include the course name in the email subject, and make sure you sign with your full name and student number.

Name of Course Coordinator: Dr Ekhlas Al Gamal	Signature:	Date: 7/2/2023
Head of Curriculum Committee/Department: -----	Signature: -----	
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Head of Department: Dr.Mamdouh Alhneiti	Signature:	
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Head of Curriculum Committee/Faculty: -----	Signature: -----	
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Dean: -----	Signature: -----	